

Home Care and Community Nursing (@ Innsbruck)

Organisation(s):	Innsbruck Social Services	
Country:	Austria	
Contact:	policy@esn-eu.org	
Theme:	<input checked="" type="checkbox"/> Ageing & Care <input type="checkbox"/> Asylum & Migration <input type="checkbox"/> Young People <input type="checkbox"/> Support for Children & Families <input checked="" type="checkbox"/> Community Care <input type="checkbox"/> Co-Production <input type="checkbox"/> Disability <input type="checkbox"/> Housing & Homelessness <input type="checkbox"/> Artificial Intelligence <input type="checkbox"/> Digitalisation <input checked="" type="checkbox"/> Integrated Care & Support <input type="checkbox"/> Quality Care	<input type="checkbox"/> Labour Market Inclusion <input type="checkbox"/> Social Inclusion <input type="checkbox"/> Technology <input type="checkbox"/> Workforce and Leadership <input type="checkbox"/> Social benefits <input checked="" type="checkbox"/> EU Funding <input type="checkbox"/> Social Service's Resilience <input type="checkbox"/> Mental Health <input checked="" type="checkbox"/> Person-centred Care <input type="checkbox"/> Other, please specify:
Principles of the European Pillar of Social Rights: <i>Check the 20 principles here.</i>	<input type="checkbox"/> 1. Education, training, life-long learning <input type="checkbox"/> 2. Gender equality <input type="checkbox"/> 3. Equal opportunities <input type="checkbox"/> 4. Active support to employment <input type="checkbox"/> 5. Secure and adaptable employment <input type="checkbox"/> 6. Fair Wages <input type="checkbox"/> 7. Transparent employment conditions <input type="checkbox"/> 8. Social dialogue <input type="checkbox"/> 9. Work-life balance <input type="checkbox"/> 10. Healthy, safe work environment	<input checked="" type="checkbox"/> 11. Childcare and child support <input type="checkbox"/> 12. Social protection <input type="checkbox"/> 13. Unemployment benefits <input type="checkbox"/> 14. Minimum income <input type="checkbox"/> 15. Old age income and pensions <input checked="" type="checkbox"/> 16. Health care <input type="checkbox"/> 17. Inclusion of people with disabilities <input checked="" type="checkbox"/> 18. Long-term care <input type="checkbox"/> 19. Housing and assistance to homeless <input type="checkbox"/> 20. Access to essential services
Current status of the practice:	<input type="checkbox"/> Concept and Design Phase <input type="checkbox"/> Execution & Monitoring Phase <input checked="" type="checkbox"/> Consolidation Phase <input checked="" type="checkbox"/> Scaling Up and Transformation Phase <input type="checkbox"/> Other (please specify)	
Context/ Social issues addressed <i>Please explain the problem you attempt to solve.</i>	<p>Due to changing family models and demographic changes, more and more people in Austria need long-term care support in their homes. This burden cannot only be borne by family carers. This is why the City of Innsbruck supports Innsbruck Social Services Ltd, which alleviates the responsibilities placed on family caregivers by offering a central point of contact for all matters related to care and health.</p>	

<p>Objectives: Please provide a maximum of three objectives in bullet points.</p>	<ul style="list-style-type: none"> • To enable care-dependent people to remain in their own homes • Empower informal carers in their care • Promote health, quality of life, well-being and self-help skills of family caregivers • Promotion of health competencies of family caregivers • Integrating regional care and health services
<p>Activities: Please summarise the activities put in place to achieve the objectives (maximum 200 words).</p>	<p><u>Social Services for Older People</u></p> <p>In Innsbruck, there are eight home nursing providers, each specializing in areas such as child care, cancer treatment, palliative care, and mental health support. Our ISD home nursing service is dedicated to over 600 clients, providing medical home nursing, integrated palliative care, wound management, and more. Furthermore, we emphasize networking with both internal and external partners to enhance the continuum of care. Additionally, our services encompass home visits for preventive measures, all provided free of charge to ensure accessibility and assistance to those in need.</p> <p><u>Community Nursing Pilot</u></p> <p>We are involved in an EU pilot project that focuses on supporting family caregivers. This involves networking, training, education, and the provision of relief options.</p> <ol style="list-style-type: none"> 1. Providing complimentary services for family caregivers. 2. Serving as the main contact hub for family caregivers to address queries regarding care and health. 3. Conducting scheduled preventive home visits. 4. Offering information and advice through home visits and consultation hours. 5. Conducting surveys to assess current care and identify unmet needs. 6. Coordinating and mediating additional support services for family caregivers. 7. Conducting training sessions for family caregivers. 8. Advocating for the interests of family caregivers.
<p>Evaluation of practice: Please explain how you evaluate the practice and what the results were/are so far</p>	<p>Innsbruck Social Services Ltd is a well-established service with exemplary functions for social service in Austria.</p> <p>The community nursing project is still ongoing the evaluation has not yet started.</p>
<p>Links to supporting documents: e.g. website or report of the practice</p>	<p>Community Nursing – Further information here: https://www.innsbruck.gv.at/en/leben/betreuung-bildung/community-nursing</p> <p>Innsbruck Social Services GmbH – Further information here: https://www.isd.or.at/de/home/1-0.html</p>
<p>Comments and tips, i.e. for people willing to use your Practice</p>	

