

FOSTERING COLLABORATION WITH PATIENTS, USERS, CAREGIVERS AND CITIZENS AT INESSS

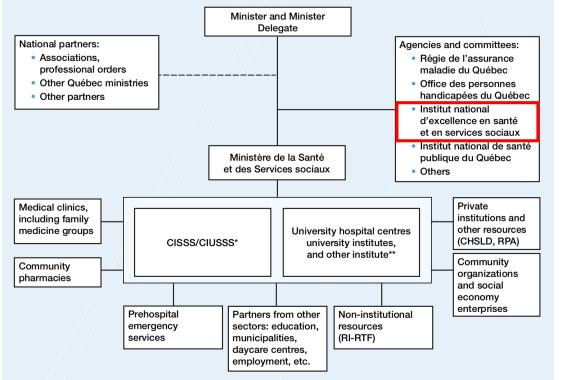
Sylvie Desmarais, Director of social services, INESSS

European Social Network Co-production Forum 14-15 nov. Lisbon Overcoming Challenges in Co-production

Institut national d'excellence en santé et en services sociaux Québec 🍻

## **QUÉBEC HEALTH SYSTEM**

#### Structure of the Health and Social Services System



Institut national d'excellence en santé et en services sociaux QUÉDEC \* \*

2

MSSS (2017)

#### INSTITUT NATIONAL D'EXCELLENCE EN SANTÉ ET EN SERVICES SOCIAUX (INESSS)

#### **INESSS** is committed to:

- Global assessment of value of technologies, drugs and interventions used in health care and social services
- Consideration of clinical, populational, economic, organizational and sociopolitical aspects
- Implementation of responsible and sustainable innovation

#### **INESSS's products:**

- Knowledge products with recommendations (practice guides, clinical guidelines, quality standard)
- Knowledge products without recommendations (state of practice, state of knowledge)
- Knowledge transfer tools and activities

Institut national d'excellence en santé et en services sociaux Québec 🐼 🐼

#### PATIENT AND PUBLIC INVOLVEMENT IN INESSS GOVERNANCE

## Act respecting the Institut national d'excellence en santé et en services sociaux (I-13.03)

- "carrying out the consultations it deems appropriate prior to drawing up recommendations and developing practice guides so that the opinions of interested groups and the general public are taken into consideration" (Art. 5, par. 7)
- "sets up standing committees to study scientific questions. The committees must be made up of scientists, clinicians, ethicists, managers and members of the general public." (Art.10)

#### Strategic Plan 2016-2020:

• "To better structure the contribution of patients, users and lay caregivers"

#### Three-year Business Plan 2019-2022:

• "the Institute intends to intensify collaboration between its scientific directorates and increase the participation of users and stakeholders."

Institut national d'excellence en santé et en services sociaux Québec 🏘 🕸 41% of INESSS's products with recommendations have integrated the perspective of patients, users, caregivers or citizens (9 of 22 products with recommendations)

64 patients, users, caregivers or citizens were involved in interviews or focus groups (many more in surveys)

Satisfaction rate of 89% of patients, users and caregivers with their contribution to the work of INESSS

Institut national d'excellence en santé et en services sociaux Québec 🏘 🔹 EXAMPLE – CLINICAL PRACTICE GUIDELINES REGARDING INTELLECTUAL DISABILITIES

> "Effective interventions that improve the independence of youths aged 6 to 21 with intellectual disabilities"

- Take into account the point of view of users and parents in order to understand their expectations, their needs and the challenges they face.
- Participation:
  - Adding a parent to the advisory committee
  - Focus group with young people with intellectual disabilities (11 participants)
  - focus group with parents who have a child with an intellectual disabilities

Institut national d'excellence en santé et en services sociaux Québec 💀 🐼

#### **EXAMPLE – USER PANEL**

" Implementing a regular, permanent process to involve users to ensure that they become central actors in the knowledgeproduction processes of the INESSS social services branch."

The objectives of the User Panel are:

- to feed the reflection of the project teams at certain key stages of scientific production (project framing, composition of working committees, consultations with users and relatives, development of recommendations, etc.);
- to inform project teams on emerging concerns;
- to alert on issues related to the acceptability and applicability of recommendations.

#### **DIFFERENT LEVELS OF ENGAGEMENT**

Consultation

Collecting data on stakeholder practices, needs, values, preferences and/or attitudes

Collecting experiential and contextual data (e.g. interviews, user focus groups) Collaboration

Recognizing, understanding and confronting each other's perspectives in order to influence decision-making and recommendations

Data collection and validation; shared development of recommendations (e.g. committees with user members) Partnership Building together

> Co-creating and co-building projects, approaches and innovative solutions with stakeholders

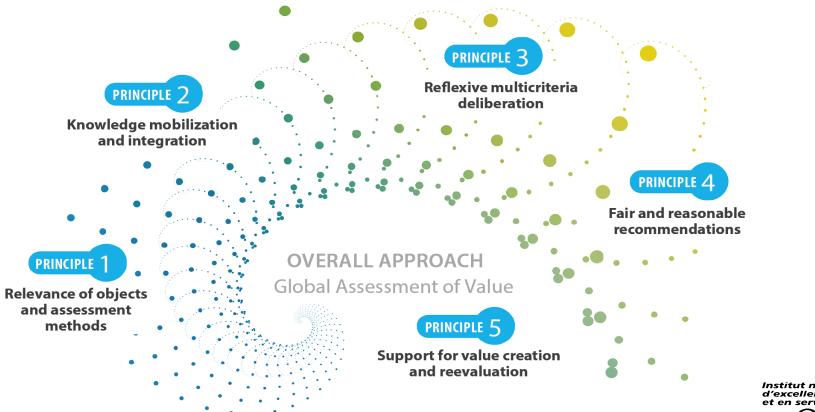
Decision-making by stakeholders; cross-sectional support for projects (e.g. userpartner)

**Professional Leadership** 

Collaborative Leadership

Institut national d'excellence en santé et en services sociaux Québec 💀

### **INESSS INSTITUTIONAL FRAMEWORK**



Institut national d'excellence en santé et en services sociaux QUÉDEC \* \*

#### **DIFFERENT TYPES OF CONTRIBUTION**

	Patients / Users	Caregivers	Patient/User Representatives	Citizens
Contribution	Experiential knowledge	Experiential knowledge	Perspectives on a given	Collective perspectives
	generated as a result of	generated by the hardship	community's experiential	stemming from a
	undergoing an illness or	of illness or condition	knowledge, interests and	population's plurality
	condition and using	caused to the significant	right	(common good,
	(health or social) services	other and his use of	Advocacy role	population health, societal
	Advisory role	(health or social) services.		values)
				Accountability, legitimacy

Institut national d'excellence en santé et en services sociaux Québec \* \*

# Thank you!

Institut national d'excellence en santé et en services sociaux Québec \* \*

#### Québec

2535, boulevard Laurier, 5e étage Québec (Québec) G1V 4M3 Téléphone : 418 643-1339 Télécopieur : 418 646-8349 inesss.qc.ca inesss@inesss.qc.ca

У f in

#### Montréal

2021, avenue Union, 12<sup>e</sup> étage bureau 1200 Montréal (Québec) H3A 2S9 Téléphone : 514 873-2563 Télécopieur : 514 873-1369

