**Programme’s name:** Platform eSenior  
**Original title:** eHjem  
**Organisation / Country:** Municipality of Fredrikstad in cooperation with the Tieto Corporation / Norway  
**Website:** [Here](#)  
**Contact:** Roland Granlund  
[roland.granlund@tieto.com](mailto:roland.granlund@tieto.com)

**Summary:**  
Local context in the municipality of Frederikstad  
- About 76,000 inhabitants in the local authority  
- The section for care and social services has more than 3,000 employees or 1,800 fulltime equivalents.  
- Several thousand users receive services, including  
  - 657 residents of nursing homes and service accommodations.  
  - 2,617 recipients of home services and services for people with mental health problems  
- The budget for 2012 is about NOK 1.7 billion gross.

The ‘Platform eSenior’  
The ‘Platform eSenior’ is an attempt to connect all facilities in an older person’s housing environment through digital technologies in order to allow the easy remote control of facilities and the connection relevant service providers such as hospitals or social workers.

The digital platform connects a number of central control panels that are important, among others the safety signal, the fire alarm, health sensors, and communication tools (both audio and visual).

This set of services allows for a timely response to falls and cognitive failure, the checking of one’s health status, and the tracking of individual movement through GPS technology. It can also be used to create and maintain social contacts to family, friends, neighbors, and others.
| Issues: | Older people need guidance and support in the handling of digital tools. |
| Resources: | This practice has received funding from the European Regional Development Fund and the INTERREG IVA. |
| Objectives: | • Increasing the safety and health of the older person being involved in the project  
• Connecting all relevant stakeholder in order provide different complementary service for older people |
| Outcomes: | • Improved reactivity of health and social services in older people’s emergency situations in the living environment |
| Evaluation: | n. a. |