

Practice:	United in psychiatry / Sammen i psykiatri
<u>Organisation / Country:</u>	The Regional Psychiatric Hospital of South Denmark, 22 municipalities (social service and jobcenters) and local NGO's.
<u>Website:</u>	http://www.psykiatriensyddanmark.dk/wm459880
<u>Contact:</u>	Lise Willer, Head of Social Service, Municipality of Esbjerg lipw@esbjergkommune.dk Lars Schubert, Project leader, The Psychiatric Hospital, Region of Southern Denmark Lars.Kunz.Schubert@rsyd.dk
<u>Summary:</u>	<p>This project objective is to make a difference for citizens in the most vulnerable positions with both psychiatric diagnosis and abuse.</p> <p>Ten of the most complex cases in each of the involved 22 municipalities are chosen to be part of the project. A key manager brings together the individual citizen with the responsible professionals in different sectors (e.g. the health care system, the social services and the job center) and they develop an action plan. They do a united mapping of challenges and opportunities, agreements on efforts / actions as well as follow-up agreements on the citizen progression.</p> <p>The plan solves the most important challenges and problems first, secures a better contact and a quicker and more cohesive measurement, and it gives everybody a common understanding and ownership for the plan and the follow up.</p> <p>These citizens do not possess the resources to survey all the systems and manage the coordination between them. By building up relational coordination in collaboration between the citizen and the professionals in the different sectors and the volunteers in the NGO's, the result is more stable life and few hospitalisations. The professionals have got familiar with teared down barriers and dispelled myths of each other in favour of a lot of other citizens.</p>
<u>Resources:</u>	The region (psychiatric hospitals) and the 22 participating municipalities are financing the project by pooling budgets for a project leader.

<p><u>Objectives:</u></p>	<p>Improving life situation of vulnerable citizens by crossing barriers between psychiatric hospitals and municipalities and by improving cooperation.</p>
<p><u>Outcomes:</u></p>	<p>The pre evaluation predicts that the collaboration has been strengthened and the citizens experience more coherence in the services. The citizens are often surprised of the amount of people who want to do something for their well-being. Most of them feel motivated by this fact, but some also find it overwhelming.</p>
<p><u>Evaluation of practice:</u></p>	<p>The pilot project has been evaluated and the evaluation concept for the total project has been developed. However, because of Covid-19 it has not yet been completed. The concept consists of interviews of both citizens and professionals and a survey of the last mentioned.</p>