

– RADARS PROJECT: KNOWING AND RECOGNIZING LONELINESS –

<u>Organisation(s):</u>	Barcelona City Council - Institute for Social Services	
<u>Country:</u>	Spain	
<u>Contact:</u>	policy@esn-eu.org	
<u>Theme:</u>	<input checked="" type="checkbox"/> Ageing & Care <input type="checkbox"/> Asylum & Migration <input type="checkbox"/> Young People <input type="checkbox"/> Support for children & families <input type="checkbox"/> Community Care <input type="checkbox"/> Co-Production <input type="checkbox"/> Disability <input type="checkbox"/> Housing & Homelessness <input type="checkbox"/> Artificial Intelligence <input type="checkbox"/> Digitalisation <input type="checkbox"/> Integrated Care & Support <input type="checkbox"/> Quality Care	<input type="checkbox"/> Labour Market Inclusion <input type="checkbox"/> Social Inclusion <input type="checkbox"/> Integrated Services <input type="checkbox"/> Technology <input type="checkbox"/> Minimum Income <input type="checkbox"/> Workforce and Leadership <input type="checkbox"/> EU Funding <input type="checkbox"/> ESN advancing EU Policy <input type="checkbox"/> Social Service's Resilience <input checked="" type="checkbox"/> Mental Health <input type="checkbox"/> Other, please specify:
<u>Principles of the European Pillar of Social Rights:</u> <i>Check the 20 principles here.</i>	<input type="checkbox"/> 1. Education, training, life-long learning <input type="checkbox"/> 2. Gender equality <input type="checkbox"/> 3. Equal opportunities <input type="checkbox"/> 4. Active support to employment <input type="checkbox"/> 5. Secure and adaptable employment <input type="checkbox"/> 6. Fair Wages <input type="checkbox"/> 7. Info on employment conditions <input type="checkbox"/> 8. Social dialogue <input type="checkbox"/> 9. Work-life balance <input type="checkbox"/> 10. Healthy, safe work environment	<input type="checkbox"/> 11. Childcare and child support <input type="checkbox"/> 12. Social protection <input type="checkbox"/> 13. Unemployment benefits <input type="checkbox"/> 14. Minimum income <input type="checkbox"/> 15. Old age income and pensions <input checked="" type="checkbox"/> 16. Health care <input type="checkbox"/> 17. Inclusion of people with disabilities <input checked="" type="checkbox"/> 18. Long-term care <input type="checkbox"/> 19. Housing and assistance to homeless <input type="checkbox"/> 20. Access to essential services
<u>Current status of the practice:</u>	<input type="checkbox"/> Concept and Design Phase <input checked="" type="checkbox"/> Execution & Monitoring Phase <input checked="" type="checkbox"/> Consolidation Phase <input type="checkbox"/> Scaling Up and Transformation Phase <input type="checkbox"/> Other (please specify)	

<p><u>Social issues addressed</u> <i>Please explain the problem you are attempting to solve</i></p>	<p>Many older people are living alone and face loneliness. This project addresses the issue of unwanted loneliness in the City of Barcelona, following a preventive approach by raising awareness and promoting prevention by the community.</p> <ul style="list-style-type: none"> • More than a fifth of the population of Barcelona is over 65 years old. • 40% of people over 85 live alone. • Loneliness has an impact on the health and quality of life of older people. <p>Unwanted loneliness can have a devastating effect on the health, well-being and quality of life of older people. It can cause sleep disorders, fatigue, coronary heart disease, nutritional problems, etc.</p> <p>The processes of loss, moreover, occur especially during old age, and the difficulties of adaptation to this situation can cause an increased feeling of loneliness.</p> <p>Faced with this situation, Radars addresses the unwanted loneliness of older people by involving the whole community and by creating a sensitive and respectful network from which the older people can reconnect to collective life.</p>
<p><u>Objectives:</u> <i>Please provide a maximum of three objectives in bullet points.</i></p>	<p>The Radars Project is a community initiative led by Basic Social Services whose main objectives are:</p> <ul style="list-style-type: none"> • the fight against the unwanted loneliness of older people and • the detection and prevention of the possible risks they may suffer. <p>To achieve this, Radars is based on the involvement of citizens in the construction of communities that are more sensitive and respectful of the needs of older people.</p> <p>In short, the purpose of Radars is for the neighbourhoods to have the human relations of the towns again, where the neighbourhood knows each other and cares about each other, and where the older people are an active part of society and are linked in its territory.</p> <p>The Radars is a programme to identify people at risk of isolation and exclusion. Neighbours and commercial establishments inform the city's social services when they notice anything out of the ordinary about an older person.</p> <p>Radars is a network for community action and prevention drawing on the involvement of neighbours, shopkeepers, volunteers and professionals in collegial associations and public services. Residents take care of each other and give support to the most vulnerable members of the community, building relations to make the city a more human, mutually supportive place to live. Thanks to everybody's collaboration, it is easier to quantify and identify people who are at risk of isolation, take steps in response to detected needs and raise community awareness about these kinds of situations.</p>

<p><u>Activities:</u> <i>Please summarise the activities put in place to achieve the objectives (maximum 200 words).</i></p>	<ul style="list-style-type: none"> • Works with local people, shops, chemists, volunteers, organisations and facilities to transform neighbourhoods into safe, human and participative communities. • Radars is articulated through the creation of a neighbourhood network that has several spaces for participation. The base of this network is formed by the radars, neighbours, shops and pharmacies in the neighbourhood who, with a sensitive and respectful look, are attentive to the daily dynamics of the older people in their environment and if they detect any significant change they in contact with Radars. Neighbourhood health centres are also involved in this detection. • Once informed, Social Services assesses whether it is necessary to intervene or not. To alleviate the feeling of loneliness of these people, the volunteers of the Radars telephone monitoring platform call them periodically and establish a relationship of trust, which will be the first step to promoting their connection to the territory. This task is complemented by the coordination between different resources and entities (homes, civic centres, voluntary organizations, etc.) and by the creation of new community initiatives that contribute to the inclusion of older people in their immediate environment. • Develops a specific training program on unwanted loneliness to raise awareness and provide prevention strategies, detection, and professional support for individuals affected by loneliness. • Offers training materials to municipal staff and social agents to identify situations of unwanted loneliness in their daily work and provide guidance to those affected. • Makes all knowledge and tools related to loneliness available to entities and social agents working to alleviate loneliness in Barcelona. • Encourages people to share the results of their actions, such as research or workshop summaries, to help improve the effectiveness of the training and interventions. • Implements a city-wide strategy involving social agents to combat unwanted loneliness in Barcelona, based on the intervention models and actions outlined in the Municipal Strategy against Loneliness 2020-2030.
<p><u>Evaluation of practice:</u> <i>Please explain how you evaluate the practice and what the results were/are so far</i></p>	<p>The city council will review any research, summaries of workshops, or information on activities carried out around unwanted loneliness shared by the participants. There is an annual evaluation of the project.</p>
<p><u>List three key elements for successful implementation.</u></p>	<ol style="list-style-type: none"> 1. Effective partnership and collaboration between the various stakeholders, such as municipal staff, social agents and the participants.

	<ol style="list-style-type: none"> 2. Provide adequate training and resources to municipal staff and social agents for identifying, preventing, and effectively managing instances of unwanted loneliness. 3. Continuous monitoring, evaluation, and feedback from the participants.
<p><u>Links to supporting documents:</u> <i>e.g. website or report of the practice</i></p>	<p>https://ajuntament.barcelona.cat/serveissocials/ca/canal/projecte-daccio-comunitaria-radars http://www.ub.edu/senesciencia/noticia/radars-project/</p> <p>Conèixer i reconèixer la soledat Drets Socials, Justícia Global, Feminismes i LGTBI (barcelona.cat)</p>