

Integrated Pathways of Support

Organisation(s):	Carr Gomm	
Country:	Scotland	
Contact:	policy@esn-eu.org	
Theme:	<input type="checkbox"/> Ageing & Care <input type="checkbox"/> Asylum & Migration <input type="checkbox"/> Young People <input type="checkbox"/> Support for Children & Families <input checked="" type="checkbox"/> Community Care <input type="checkbox"/> Co-Production <input checked="" type="checkbox"/> Disability <input checked="" type="checkbox"/> Housing & Homelessness <input type="checkbox"/> Artificial Intelligence <input type="checkbox"/> Digitalisation <input type="checkbox"/> Integrated Care & Support <input type="checkbox"/> Quality Care	<input type="checkbox"/> Labour Market Inclusion <input type="checkbox"/> Social Inclusion <input type="checkbox"/> Technology <input type="checkbox"/> Workforce and Leadership <input type="checkbox"/> Social benefits <input type="checkbox"/> EU Funding <input type="checkbox"/> Social Service's Resilience <input type="checkbox"/> Mental Health <input checked="" type="checkbox"/> Person-centred Care <input type="checkbox"/> Other, please specify:
Principles of the European Pillar of Social Rights: <i>Check the 20 principles here.</i>	<input type="checkbox"/> 1. Education, training, life-long learning <input type="checkbox"/> 2. Gender equality <input type="checkbox"/> 3. Equal opportunities <input type="checkbox"/> 4. Active support to employment <input type="checkbox"/> 5. Secure and adaptable employment <input type="checkbox"/> 6. Fair Wages <input type="checkbox"/> 7. Transparent employment conditions <input type="checkbox"/> 8. Social dialogue <input type="checkbox"/> 9. Work-life balance <input type="checkbox"/> 10. Healthy, safe work environment	<input type="checkbox"/> 11. Childcare and child support <input type="checkbox"/> 12. Social protection <input type="checkbox"/> 13. Unemployment benefits <input type="checkbox"/> 14. Minimum income <input type="checkbox"/> 15. Old age income and pensions <input type="checkbox"/> 16. Health care <input checked="" type="checkbox"/> 17. Inclusion of people with disabilities <input checked="" type="checkbox"/> 18. Long-term care <input checked="" type="checkbox"/> 19. Housing and assistance to homeless <input type="checkbox"/> 20. Access to essential services
Current status of the practice:	<input type="checkbox"/> Concept and Design Phase <input type="checkbox"/> Execution & Monitoring Phase <input checked="" type="checkbox"/> Consolidation Phase <input checked="" type="checkbox"/> Scaling Up and Transformation Phase <input type="checkbox"/> Other (please specify)	
Context/ Social issues addressed <i>Please explain the problem you attempt to solve.</i>	<p>Carr Gomm is a third-sector social care provider within the pathway model. The pathway model provides six different grades of support depending on the needs of the person supported, with Grade 6 being the highest grade, requiring hospitalisation, and Grade 1 the lowest, requiring minimal support in community</p>	

	<p>settings. Carr Gomm is the only social care organisation in Scotland that supports people on each of the six graded pathways – from preparing people for discharge from the hospital to providing minimal support to people in their own homes. We are also the only service provider to be the lead partner on Grade 5 supported accommodation.</p>
<p>Objectives: Please provide a maximum of three objectives in bullet points.</p>	<p>The pathway model provides integrated multi-agency pathways of support and accommodation for people leaving acute psychiatric care. People’s support needs are regularly reviewed by a multidisciplinary team, and people can move to different levels on the pathway depending on their needs at any one time. The main aim of the pathway model is to minimise hospital readmissions and move towards less intensive support for people with acute and enduring mental illness.</p>
<p>Activities: Please summarise the activities put in place to achieve the objectives (maximum 200 words).</p>	<p>Since 2017, the pathway model has been successfully adopted in many of our services in the East of Scotland. For example, in 2019, St Stephens’ Court in Edinburgh opened to provide people discharged from the Royal Edinburgh Hospital with high-quality housing accommodation. Carr Gomm staff lead a multi-agency team with a 24-hour onsite presence at St Stephen’s Court, which includes nurses, occupational therapists, doctors, psychologists, health and social care and third-sector staff.</p> <p>A key part of our work within the Grade 5 accommodation – as with all the ‘grades’ - is to support people who have often become structurally isolated from communities to help them reconnect with the world beyond paid workers. This is always achieved through a collaborative and person-centred approach working with the person supported and other organisations to help them forge meaningful connections, relationships, and purpose through a focus on what matters to them. A person-centred approach is at the heart of the practice and each person supported is involved in creating and developing their own support plan with Support Practitioners on a weekly basis.</p> <p>Our role is to work with each person supported and our partners to help them re/establish those connections and if needed, re/find some autonomy and purpose in their lives. How this is achieved is led by the person supported and enabled, when needed, by our staff and partners. The pathways of support are not linear, and people can move between levels depending on their assessed needs at any particular time. Variations of this pathway model operate in a number of areas in the East of Scotland, but it is not used across the whole of Scotland.</p>
<p>Evaluation of practice: Please explain how you evaluate the practice, and what the results were/are so far</p>	<p>All our services are inspected by the Scottish Care Inspectorate to quality standards.</p> <p>Families are able to be involved in any stage of the review process and are also always welcome to visit the accommodation at any time. There are also quarterly reviews with each person supported and the multiagency team to track progress in achieving outcomes.</p>

	<p>Everyone supported by Carr Gomm is invited to submit to the annual questionnaire, and there is also an Involvement Group comprised of people supported who meet on a regular basis. We also invite all the people we support to attend annual Forums – based on a theme – during which people are encouraged to share their thoughts about the support they receive, which is then fed back to the central service.</p>
<p><u>Links to supporting documents:</u> <i>e.g. website or report of the practice</i></p>	<p>https://www.carrgomm.org/</p>
<p><u>Comments and tips</u> <i>i.e. for people willing to use your Practice</i></p>	