

## Community-based Day Care Centres for Older Persons with Dementia and Alzheimer's Disease

<b><u>Organisation(s):</u></b>	Masovian Social Policy Centre	
<b><u>Country:</u></b>	Poland	
<b><u>Contact:</u></b>	<a href="mailto:policy@esn-eu.org">policy@esn-eu.org</a>	
<b><u>Theme:</u></b>	<input checked="" type="checkbox"/> Ageing & Care <input type="checkbox"/> Asylum & Migration <input type="checkbox"/> Young People <input type="checkbox"/> Support for Children & Families <input checked="" type="checkbox"/> Community Care <input type="checkbox"/> Co-Production <input type="checkbox"/> Disability <input type="checkbox"/> Housing & Homelessness <input type="checkbox"/> Artificial Intelligence <input type="checkbox"/> Digitalisation <input type="checkbox"/> Integrated Care & Support <input type="checkbox"/> Quality Care	<input type="checkbox"/> Labour Market Inclusion <input type="checkbox"/> Social Inclusion <input type="checkbox"/> Technology <input type="checkbox"/> Workforce and Leadership <input type="checkbox"/> Social benefits <input type="checkbox"/> EU Funding <input type="checkbox"/> Social Service's Resilience <input type="checkbox"/> Mental Health <input checked="" type="checkbox"/> Person-centred Care <input type="checkbox"/> Other, please specify:
<b><u>Principles of the European Pillar of Social Rights:</u></b> <i>Check the 20 principles <a href="#">here</a>.</i>	<input type="checkbox"/> 1. Education, training, life-long learning <input type="checkbox"/> 2. Gender equality <input type="checkbox"/> 3. Equal opportunities <input type="checkbox"/> 4. Active support to employment <input type="checkbox"/> 5. Secure and adaptable employment <input type="checkbox"/> 6. Fair Wages <input type="checkbox"/> 7. Transparent employment conditions <input type="checkbox"/> 8. Social dialogue <input type="checkbox"/> 9. Work-life balance <input type="checkbox"/> 10. Healthy, safe work environment	<input type="checkbox"/> 11. Childcare and child support <input type="checkbox"/> 12. Social protection <input type="checkbox"/> 13. Unemployment benefits <input type="checkbox"/> 14. Minimum income <input type="checkbox"/> 15. Old age income and pensions <input type="checkbox"/> 16. Health care <input checked="" type="checkbox"/> 17. Inclusion of people with disabilities <input checked="" type="checkbox"/> 18. Long-term care <input type="checkbox"/> 19. Housing and assistance to homeless <input type="checkbox"/> 20. Access to essential services
<b><u>Current status of the practice:</u></b>	<input type="checkbox"/> Concept and Design Phase <input type="checkbox"/> Execution & Monitoring Phase <input checked="" type="checkbox"/> Consolidation Phase <input type="checkbox"/> Scaling Up and Transformation Phase <input type="checkbox"/> Other (please specify)	
<b><u>Context/ Social issues addressed</u></b> <i>Please explain the problem you attempt to solve.</i>	According to the World Health Organisation, there were <b>47.5 million</b> people living with dementia worldwide <b>in 2016, of whom</b> between <b>28.5 and 33.3 mil</b> had Alzheimer's disease. The rate of increase of dementia disease indicates that any action taken to slow down the dementia process and keep the patient <b>in the home environment for as long</b>	

	<p><b>as possible</b> is important at an individual level for the patient and their family and socio-economically in terms of the burden of having to provide institutional care.</p> <p>In this context, the Masovian Social Policy Centre started a pilot project for older people suffering from dementia. The pilot project covered <b>6 locations</b> in the Masovian Province.</p> <p>The project was funded solely by the Masovian Provincial Government and amounted to approximately <b>€4 million</b>.</p>
<p><b>Objectives:</b> Please provide a <b>maximum of three objectives</b> in bullet points.</p>	<ul style="list-style-type: none"> <li>• Organising specialised care services in the field of social services in the framework of Day Care Centres (DCC) for older people suffering from dementia syndrome in the course of Alzheimer's disease in the initial stage of the disease and providing catering/meals as part of a pilot project.</li> <li>• Ensuring forms of support in the field of social services, in particular, dedicated to the sick, enabling them to live independently for as long as possible.</li> <li>• Attempting to partially maintain the daily activities of older people suffering from dementia syndrome in the course of Alzheimer's disease.</li> <li>• Supporting those with actual care responsibilities, in particular, family members, through education, counselling and therapeutic interventions.</li> </ul>
<p><b>Activities:</b> Please summarise the activities put in place to achieve the objectives (maximum 200 words).</p>	<p>Through work sessions organised in Day Care Centres, the participants, due to the intensity of the activities, largely based on activities of daily life (e.g. cooking, gardening, etc.).</p>
<p><b>Evaluation of practice:</b> Please explain how you evaluate the practice, and what the results were/are so far</p>	<ul style="list-style-type: none"> <li>➤ The number of beneficiaries of the project in <b>2020-2022</b> was <b>218</b>.</li> <li>➤ Participants are making visible progress towards more independent functioning.</li> <li>➤ They are able to develop their interests or even talents (for example, paintings by one of the beneficiaries.</li> <li>➤ The pilot project has reduced the need for additional places in residential care homes by <b>4%</b> in <b>2022</b>. A further reduction to a level of <b>7.4%</b> is expected by <b>2025</b>.</li> <li>➤ It has been decided to increase the number of DCCs from 6 to <b>12</b> and to raise the budget to approximately <b>EUR 8 mil</b> by the end of <b>2025</b>.</li> <li>➤ The total expected amount of patients to be covered by the project until <b>2025</b> is <b>400</b>.</li> </ul>
<p><b>Links to supporting documents:</b></p>	<p><a href="https://mcps.com.pl/">https://mcps.com.pl/</a></p>

<i>e.g. website or report of the practice</i>	
<b><u>Comments and tips, i.e.</u></b> <i>for people willing to use your Practice</i>	