United in psychiatry / Sammen i psykiatri

Organisation(s):	Municipality of Esbjerg The Regional Psychiatric Hospital of South Denmark, 22 municipalities (social service and job centres) and local NGOs
Country:	Denmark
Contact:	policy@esn-eu.org

Theme: *Choose at least one option*

☐ Ageing & Care	☐ Labour Market Inclusion
☐ Asylum & Migration	☒ Social Inclusion
☐ Young People	☐ Technology
☐ Support for Children & Families	☐ Workforce and Leadership
☐ Community Care	☐ Social Benefits
☒ Integrated Care & Support	☐ EU Funding
☒ Co-Production	☐ Social Service's Resilience
☐ Disability	☒ Mental Health
☐ Housing & Homelessness	☒ Person-Centred Care
☐ Artificial Intelligence	☐ Research & Use of Evidence
☐ Digitalisation	☐ Other, please specify:
☐ Quality Care	

Principles of the European Pillar of Social Rights: *Check the 20 principles here.*

☐ 1. Education, training, life-long learning	☐ 11. Childcare and child support
☐ 2. Gender equality	☐ 12. Social protection
☐ 3. Equal opportunities	☐ 13. Unemployment benefits
☐ 4. Active support to employment	☐ 14. Minimum income
☐ 5. Secure and adaptable employment	☐ 15. Old age income and pensions
☐ 6. Fair Wages	☒ 16. Health care
☐ 7. Transparent employment conditions	☐ 17. Inclusion of people with disabilities
☐ 8. Social dialogue	☐ 18. Long-term care
☐ 9. Work-life balance	☐ 19. Housing and assistance to homeless
☐ 10. Healthy, safe work environment	☐ 20. Access to essential services

Current status of the practice:

☐ Concept and Design Phase
☐ Execution & Monitoring Phase
☒ Consolidation Phase
☐ Scaling Up and Transformation Phase
☐ Other (please specify)

Context/ Social issues addressed

This project targets citizens facing mental health challenges and abuse, aiming to combat stigma, improve access to services, and enhance collaboration between sectors. Despite pandemic-related setbacks, the project underscores the importance of evaluation and adaptability in addressing complex social issues.

Please explain the problem you attempt to solve.	
Objectives: *Please provide **a maximum of three** objectives in bullet points.*	• It aims to improve the lives of vulnerable citizens by reducing barriers between psychiatric hospitals and municipalities and improving cooperation.
Activities: *Please summarise the activities put in place to achieve the objectives (maximum 200 words).*	Ten of the most complex cases in each of the involved 22 municipalities are chosen to be part of the project. A key manager brings together the individual citizen with the responsible professionals in different sectors (e.g. the health care system, the social services and the job centre), and they develop an action plan. They do a united mapping of challenges and opportunities, agreements on efforts/actions as well as follow-up agreements on the citizen progression. The plan solves the most important challenges and problems first, secures better contact and a quicker and more cohesive measurement, and gives everybody a common understanding and ownership of the plan and the follow-up. These citizens do not possess the resources to survey all the systems and manage the coordination between them. By building up relational coordination in collaboration between the citizens and the professionals in the different sectors and the volunteers in the NGOs, the result is a more stable life and fewer hospitalisations. The professionals have become familiar with breaking down barriers and dispelling myths each other in favour of a lot of other citizens.
Evaluation of practice: *Please explain how you evaluate the practice, and what the results were/are so far*	The pilot project has been evaluated, and the evaluation concept for the total project has been developed. However, because of Covid-19, it has not yet been completed. The concept consists of interviews of both citizens and professionals and a survey of the last mentioned. The pre-evaluation predicts that collaboration has been strengthened and that citizens experience more coherence in the services. Citizens are often surprised by the number of people who want to do something for their well-being. Most of them feel motivated by this fact, but some also find it overwhelming.
Links to supporting documents: *e.g. website or report of the practice*	http://www.psykiatrienisyddanmark.dk/wm459880
Comments and tips *i.e. for people willing to use your Practice*	