

## *INTEcum: supporting terminal illness & ALS patients at home*

<b><u>Organisation(s):</u></b>	Regional Government of Castilla y Leon - Department for Social Services	
<b><u>Country:</u></b>	Spain	
<b><u>Contact:</u></b>	<a href="mailto:policy@esn-eu.org">policy@esn-eu.org</a>	
<b><u>Theme:</u></b> Choose at least one option	<input checked="" type="checkbox"/> Ageing & Care <input type="checkbox"/> Asylum & Migration <input type="checkbox"/> Young People <input type="checkbox"/> Support for Children & Families <input type="checkbox"/> Community Care <input type="checkbox"/> Integrated Care & Support <input type="checkbox"/> Co-Production <input type="checkbox"/> Disability <input type="checkbox"/> Housing & Homelessness <input type="checkbox"/> Artificial Intelligence <input type="checkbox"/> Digitalisation <input type="checkbox"/> Quality Care	<input type="checkbox"/> Labour Market Inclusion <input type="checkbox"/> Social Inclusion <input type="checkbox"/> Technology <input type="checkbox"/> Workforce and Leadership <input type="checkbox"/> Social Benefits <input type="checkbox"/> EU Funding <input type="checkbox"/> Social Service's Resilience <input type="checkbox"/> Mental Health <input checked="" type="checkbox"/> Person-Centred Care <input type="checkbox"/> Research & Use of Evidence <input type="checkbox"/> Management & Planning <input type="checkbox"/> Other, please specify:
<b><u>Principles of the European Pillar of Social Rights:</u></b> Check the 20 principles <a href="#">here</a> .	<input type="checkbox"/> 1. Education, training, life-long learning <input type="checkbox"/> 2. Gender equality <input type="checkbox"/> 3. Equal opportunities <input type="checkbox"/> 4. Active support to employment <input type="checkbox"/> 5. Secure and adaptable employment <input type="checkbox"/> 6. Fair Wages <input type="checkbox"/> 7. Transparent employment conditions <input type="checkbox"/> 8. Social dialogue <input type="checkbox"/> 9. Work-life balance <input type="checkbox"/> 10. Healthy, safe work environment	<input type="checkbox"/> 11. Childcare and child support <input checked="" type="checkbox"/> 12. Social protection <input type="checkbox"/> 13. Unemployment benefits <input type="checkbox"/> 14. Minimum income <input type="checkbox"/> 15. Old age income and pensions <input checked="" type="checkbox"/> 16. Health care <input type="checkbox"/> 17. Inclusion of people with disabilities <input checked="" type="checkbox"/> 18. Long-term care <input type="checkbox"/> 19. Housing and assistance to homeless <input type="checkbox"/> 20. Access to essential services
<b><u>Current status of the practice:</u></b>	<input type="checkbox"/> Concept and Design Phase <input checked="" type="checkbox"/> Testing or pilot phase <input type="checkbox"/> Temporary practice that has terminated <input type="checkbox"/> Temporary practice that is ongoing and has a termination date <input type="checkbox"/> Established and ongoing practice <input type="checkbox"/> Scaling Up and Transformation Phase <input type="checkbox"/> Other (please specify)	
<b><u>Summary:</u></b> Please summarise the practice in maximum 3 sentences. This will be the	INTEcum is an innovative project that offers support to people with advanced/terminal illness or ALS disease and their family environment, benefits and services, and social and health care so that they can continue living at home and maintain their lifestyle as much as possible.	

<i>disclaimer of your project on our website.</i>	
<b><u>Context/ Social issues addressed</u></b> <i>Please explain the problem you attempt to solve with your practice.</i>	Professionalised care was provided only in hospitals; if the people using the services were at home, they had to be cared for by relatives or private services that they hired. This project offers users the possibility of having public care at home without the need to be hospitalised. The project aims to improve the quality of life of people in the final stage of their lives (advanced or terminal illness), favouring the development of their life project and enabling them to remain at home.
<b><u>Objectives:</u></b> <i>Please provide a maximum of three objectives in bullet points.</i>	<ol style="list-style-type: none"> <li>1. To provide a very flexible and personalised response to the sick person's physical, psycho-emotional, spiritual and social needs and, when necessary, the family environment.</li> </ol>
<b><u>Activities:</u></b> <i>Please describe the activities put in place to achieve the objectives (maximum 300 words).</i>	<ul style="list-style-type: none"> <li>- Evaluation of the person's home from the perspective of accessibility and safety.</li> <li>- Preparation of the provisional support plan and the definitive support plan for the life project and modifications.</li> <li>- Case coordination: social and health support.</li> <li>- Proximity care: Personal assistance service of sufficient intensity and coverage.</li> <li>- Scheduled and emergency health care according to needs.</li> <li>- Provision of technical aids and home adaptations.</li> <li>- Advanced telecare.</li> <li>- Volunteering.</li> <li>- Support for the family or close environment: self-help groups, training for good care.</li> <li>- Attention to the family's grief after the death of the person, offering information, resources and basic emotional support.</li> </ul>
<b><u>Outcomes:</u></b> <i>Please explain what the results were/are so far and how you evaluated this.</i>	<p>This evaluation highlighted the critical aspects of the project:</p> <ul style="list-style-type: none"> <li>- Improvement of the quality of life of the person at home.</li> <li>- Support for the development of the life project.</li> <li>- Coordination between the health and social systems.</li> <li>- Involvement of the community in supporting individuals and families.</li> <li>- Adaptation of the care process to the peculiarities of rural areas.</li> <li>- Generate a model of integral care transferable to the whole Community.</li> </ul>
<b><u>Links to supporting documents:</u></b> <i>e.g. website or report of the practice</i>	<p><a href="https://servicios sociales.jcyl.es/web/es/dependencia-discapacidad/proyecto-intecum-atencion-final.html">https://servicios sociales.jcyl.es/web/es/dependencia-discapacidad/proyecto-intecum-atencion-final.html</a></p> <p><a href="https://servicios sociales.jcyl.es/web/es/proyecto-intecum-protocolo-copia.html">https://servicios sociales.jcyl.es/web/es/proyecto-intecum-protocolo-copia.html</a></p> <p><a href="https://servicios sociales.jcyl.es/web/es/servicios-sociales.html">https://servicios sociales.jcyl.es/web/es/servicios-sociales.html</a></p>
<b><u>Comments and tips i.e. for people willing to use your Practice</u></b>	INTecum has a high level of satisfaction among users and their families, as evidenced in the evaluation carried out in 2021 by the University of Valladolid, which evaluated the piloting of the project obtaining a score of 9.5 out of 10