

## Leaping Together: Offering inclusive leisure opportunities

<b>Organisation(s):</b>	Fuenlabrada City Council	
<b>Country:</b>	Spain	
<b>Contact:</b>	<a href="mailto:policy@esn-eu.org">policy@esn-eu.org</a> (we will function as an intermediary between you and interested organisations who want to learn more about the practice)	
<b>Theme:</b> Choose at least one option	<input type="checkbox"/> Ageing & Care <input type="checkbox"/> Asylum & Migration <input checked="" type="checkbox"/> Young People <input type="checkbox"/> Support for Children & Families <input type="checkbox"/> Community Care <input type="checkbox"/> Integrated Care & Support <input type="checkbox"/> Co-Production <input checked="" type="checkbox"/> Disability <input type="checkbox"/> Housing & Homelessness <input type="checkbox"/> Artificial Intelligence <input type="checkbox"/> Digitalisation <input type="checkbox"/> Quality Care	
<b>Principles of the European Pillar of Social Rights:</b>  <i>Which principles does your practice cover? Check the 20 principles <a href="#">here</a>.</i>	<input type="checkbox"/> 1. Education, training, life-long learning <input checked="" type="checkbox"/> 2. Gender equality <input checked="" type="checkbox"/> 3. Equal opportunities <input type="checkbox"/> 4. Active support to employment <input type="checkbox"/> 5. Secure and adaptable employment <input type="checkbox"/> 6. Fair Wages <input type="checkbox"/> 7. Transparent employment conditions <input type="checkbox"/> 8. Social dialogue <input type="checkbox"/> 9. Work-life balance <input type="checkbox"/> 10. Healthy, safe work environment	
<b>Current status of the practice:</b>	<input type="checkbox"/> Concept and Design Phase <input type="checkbox"/> Testing or pilot phase <input type="checkbox"/> Temporary practice that has terminated <input type="checkbox"/> Temporary practice that is ongoing and has a termination date	
<b>Theme:</b> Choose at least one option	<input type="checkbox"/> Labour Market Inclusion <input checked="" type="checkbox"/> Social Inclusion <input type="checkbox"/> Technology <input type="checkbox"/> Workforce and Leadership <input checked="" type="checkbox"/> Social Benefits <input type="checkbox"/> EU Funding <input type="checkbox"/> Social Services' Resilience <input type="checkbox"/> Mental Health <input type="checkbox"/> Person-Centred Care <input type="checkbox"/> Research & Use of Evidence <input type="checkbox"/> Management & Planning <input type="checkbox"/> Other, please specify:	
<b>Principles of the European Pillar of Social Rights:</b>  <i>Which principles does your practice cover? Check the 20 principles <a href="#">here</a>.</i>	<input type="checkbox"/> 11. Childcare and child support <input checked="" type="checkbox"/> 12. Social protection <input type="checkbox"/> 13. Unemployment benefits <input type="checkbox"/> 14. Minimum income <input type="checkbox"/> 15. Old age income and pensions <input type="checkbox"/> 16. Health care <input checked="" type="checkbox"/> 17. Inclusion of people with disabilities <input type="checkbox"/> 18. Long-term care <input type="checkbox"/> 19. Housing and assistance to homeless <input type="checkbox"/> 20. Access to essential services	

	<input checked="" type="checkbox"/> Established and ongoing practice <input type="checkbox"/> Scaling Up and Transformation Phase <input type="checkbox"/> Other (please specify): <b>Summary:</b> <i>Please summarise the practice in maximum 3 sentences. This will be the disclaimer of your project on our website. Example <a href="#">here</a>.</i>
<b>Context/ Social issues addressed</b>  <i>Please explain the problem you attempt to solve with your practice.</i>	Article 30 of the International Convention on the Rights of Persons with Disabilities establishes the right of persons with disabilities to participate, on an equal basis with others, in cultural life, recreational activities, leisure, and sport.  It is the obligation of public administrations to guarantee the normalised access of people with disabilities to the various aspects of daily life, including the enjoyment of leisure and free-time activities.  On the other hand, a significant number of people with intellectual disabilities require some type of support to participate in leisure activities.  This project aims to overcome the difficulties faced by people with intellectual disabilities in enjoying inclusive leisure activities by proposing activities that take into account the needs of the participants, prioritising the development of their personal autonomy, social skills, and a positive relationship with their environment.
<b>Objectives:</b>  <i>Please provide a maximum of three objectives in bullet points.</i>	<ol style="list-style-type: none"> <li>1. To promote the social inclusion of people with intellectual disabilities by facilitating interactions with others and integrating them into their community through access to community spaces and events in Fuenlabrada.</li> <li>2. To foster the autonomy of people with intellectual disabilities by promoting their participation on equal terms and allowing them to decide how to enjoy leisure and free time.</li> <li>3. To raise awareness in society by eliminating stereotypes and prejudices through inclusive leisure activities that promote leisure as a fundamental human right.</li> </ol>

<p><b>Activities:</b></p> <p><i>Please describe the activities put in place to achieve the objectives (maximum 400 words).</i></p>	<ul style="list-style-type: none"> <li>• Dining Activities: These are very attractive activities and outings for participants, as they allow them to enjoy a different environment and leisure activities than those they experience with their families or close friends.</li> <li>• Cultural Activities: This category includes activities such as visits to museums, exhibitions, and evenings at the theatre or concerts.</li> <li>• Recreational, Sports, and Games Activities: These include outdoor games, watching basketball games, and going to the swimming pool, among others.</li> <li>• Leisure Activities in Shopping Centres: These include bowling, billiards, and movies, which are more popular with participants during the winter months.</li> <li>• Family Getaways/Hostel/Beach: These include activities to share with family, sightseeing trips to towns in the Community of Madrid, weekend hostel stays, and week-long beach vacations in the summer.</li> <li>• - Activities to enjoy natural spaces, such as hiking or spending the afternoon in a park, with the aim of spending a day together in a different space, which takes place in the months with warmer temperatures.</li> </ul>
<p><b>Outcomes:</b></p> <p><i>Please explain what the results were/are so far and how you evaluated this (i.e. statistics, a study, or feedback)</i></p>	<p>At the end of the year, a satisfaction survey is conducted with both participants and their families.</p> <p>We can highlight that 100% of participants rated their satisfaction with the activities as very/quite satisfactory.</p> <p>When planning activities, we always take into account proposals and suggestions made by participants, striving to offer a variety of options and introducing new ideas to ensure the programmes are engaging and not repetitive.</p> <p>Outings and overnight stays are a highly popular activity among both participants and their families, with 55% of participants rating them as very satisfactory.</p> <p>One of the aspects evaluated is the level of enjoyment participants derive from their participation with other peers, and 98% consider it very satisfying. This is very important because it fosters the development of stable and cohesive friendships, making the group dynamics very rewarding. Adding to this, the fact that 97% of participants rate the experience positively means that the Salta Conmigo project achieves its objective of guaranteeing autonomy and the enjoyment of inclusive and normalised leisure activities for people with intellectual disabilities.</p> <p>Overall, 98% of participants and 96% of their families rate the project as very satisfactory.</p>

<p><b><u>Funding Source</u></b></p>	<p>EU Funds: ESF+ <input type="checkbox"/> INTERREG <input type="checkbox"/> ERDF <input type="checkbox"/> ERASMUS <input type="checkbox"/> RRF <input type="checkbox"/> other <input type="checkbox"/></p> <p><input type="checkbox"/> National Government Funds</p> <p><input type="checkbox"/> Regional Government Funds</p> <p><input checked="" type="checkbox"/> Local Government Funds</p> <p><input type="checkbox"/> Private Sponsorship / Public-Private Partnership</p> <p><input type="checkbox"/> Financial contribution of People using Services</p> <p><input type="checkbox"/> Other, please define:</p>
<p><b><u>Links to supporting documents:</u></b> <i>e.g. project website or report of the practice, articles</i></p>	<p><a href="https://diversidad-funcional.ayto-fuenlabrada.es/salta-conmigo.php">https://diversidad-funcional.ayto-fuenlabrada.es/salta-conmigo.php</a></p> <p><a href="https://diversidad-funcional.ayto-fuenlabrada.es/salta-conmigo.php">Las personas con diversidad funcional intelectual participan en el programa Salta Conmigo - Fuenlabrada</a></p> <p><a href="https://noticiasparamunicipios.com/municipios-madrid/fuenlabrada-170-vecinos-con-diversidad-funcional-participan-en-el-programa-salta-conmigo/">https://noticiasparamunicipios.com/municipios-madrid/fuenlabrada-170-vecinos-con-diversidad-funcional-participan-en-el-programa-salta-conmigo/</a></p> <p><a href="https://noticiasparamunicipios.com/municipios-madrid/fuenlabrada-170-vecinos-con-diversidad-funcional-participan-en-el-programa-salta-conmigo/">FUENLABRADA/ La ciudad consolida su programa de ocio para personas con diversidad   Noticias para Municipios</a></p> <p><a href="https://noticiasparamunicipios.com/municipios-madrid/fuenlabrada-170-vecinos-con-diversidad-funcional-participan-en-el-programa-salta-conmigo/">BIENESTAR SOCIAL, PERFIL CIUDADANO: Programa Salta Conmigo</a></p>
<p><b><u>Comments and tips i.e. for people willing to implement your Practice in their service</u></b></p>	