

<i>Tags: Mental Health; Country: Denmark; Language: English; Year: 2011; Event: ESN Report Launch (Brussels)</i>	
Programme's name	Recovery – a person-centered approach in health and social services
<u>Organisation / Country:</u>	Department of Social Services, City of Aarhus / Denmark
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<u>Summary:</u>	<p>The policy framework - EU 2020 Strategy The recovery strategy of the municipality in Arhus takes into account that the policy framework of the Europe 2020 strategy.</p> <ul style="list-style-type: none"> • Recovery-orientation as a common approach • Inclusion and employment • How to involve volunteers • Research <p>The Municipality of Arhus acknowledges for the design, planning, and implementation of recovery services, a connection exists between the values, methods and the desired and achieved effects of services at local level. To create a positive interconnection of these different dimensions, staff, service users and families need to be involved.</p> <p>Main elements of the recovery strategy The recovery strategy takes into account effects, tools, methods, approaches, and values. Each dimension has a variety of sub-dimensions:</p> <p><i>Values</i> The recovery strategy seeks to acknowledge the whole human being with potential and hope for development.</p> <p><i>Approach</i> The approach recognizes resources, relations, the concept of normality, and the objective of empowerment.</p>

	<p><i>Methods</i> Among the methods are the coordination of networks with public and private actors, home support, crisis management, leisure activities, and psycho-education.</p> <p><i>Effect</i> The effect which is being looked for is recovery and social inclusion in the fields of work, education, housing, as well as family and friends.</p> <p>Organisation - Involvement of staff, service users and families The Centre of Social Innovation coordinates social services and is organised by a daily operations area and is headed by the executive director of the Social Services Department. The Steering Committee is structured along the Recovery Secretariat and a Professional Advisory Board. The Recovery Secretariat coordinates self-evaluations, pilot projects, and care.</p> <p>Development of a new practice In the development and implementation of new practices, a range of elements need to be taken into account. Among those are:</p> <ul style="list-style-type: none"> • evaluation of current practices • testing new practices • status and dissemination strategy • implementation of new practice <p>Competency development and knowledge sharing Around the local practices, a system of competency development and knowledge sharing is installed, which is based on the following elements:</p> <ul style="list-style-type: none"> • CARE instructors • joint standards • executive and director seminar • break through method counsellors • learning seminars for pilot projects (the break through method)
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	<p>Partnership between Department of Social Services and Mental Health Services</p> <p>The partnerships lead by the Department of Social Services and mental health services involves this range of actors:</p> <ul style="list-style-type: none"> • mental health services • Department of social services • local psychiatry • home visitors/support • mental health treatment hospital and out-patient <p>Monitoring effectiveness for clients</p> <p>The monitoring measures the Quality of Life Experience by Clients according to WHO standards and guidelines and standardised questions:</p> <ul style="list-style-type: none"> • Have you had enough money to meet your needs over the past two weeks? • Have you had enough energy to accomplish everyday tasks in the past two weeks? • How satisfied have you been with your relationships with other people in the past two weeks? • How satisfied have you been with yourself in the past two weeks? • How satisfied have you been with your skills to carry out daily tasks in the past two weeks? • How would you rate your quality of life? • How satisfied are you with your health? • How satisfied have you been with your housing situation in the past two weeks?
<u>Issues:</u>	n. a.
<u>Resources:</u>	n. a.
<u>Objectives:</u>	<p>The objective of the local recovery strategy in Arhus are to create person-centred service for people with mental health problems. As part of that overall objective, the strategy seeks to create strong orientation towards individual persons, to involve the user and relevant stakeholders, to enable the user to live a self-determined life and to active the person's potential for development. This model is based on the concept of "Anthony's Four Values" (2000).</p>



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<u>Outcomes:</u>	Different studies come to different findings as to how effective the recovery approach can be and to what degree it realizes complete recovery (20-34 percent) or only social coverage (24-43 percent).
<u>Evaluation:</u>	n. a.

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