Recovery
- a Person Centered Approach in health and social services

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Department of Social Services - City of Aarhus
Person Centered Approach
Anthony’s Four Values (2000)

- Person Orientation
- Person Involvement
- Self Determination
- Potential for Development
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<tr>
<th></th>
<th>Number</th>
<th>% Completely recovered</th>
<th>% Socially recovered</th>
<th>% Total recovered</th>
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<tr>
<td>Bleuler 1972</td>
<td>208</td>
<td>23</td>
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<td>Harding et al. 1986 and 1995</td>
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<td>Huber et al. 1975</td>
<td>502</td>
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<td>Tsuang et al. 1972</td>
<td>186</td>
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<td>Ciompi &amp; Muller 1976</td>
<td>289</td>
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Connection Between Values, Methods and Effects in Aarhus

Recovery and Inclusion
Work – Education – Housing
Family and friends

Effect

Tools

Methods

Approach

Values

Recognizing Resources Relation Normality Empowerment

See the whole human being with potential and hope for development

Coordinate Network
Private Public

Develop Mastery

Activities

Home Support

Crisis Management

Psycho-education

Connection between Values, Methods and Effects in Aarhus

Værdigrundlag: Recovery-orientering

Recovery and Inclusion

Work – Education – Housing

Family and friends

See the whole human being with potential and hope for development
Organisation –
Involvement of staff, service users and families

Line Organising
Executive director of the Department of social Services

Centre for Social Innovation

Daily Operations Area
Social Services

Project Organising
Steering Committee
Professional Advisory Board

Recovery Secretariat
CARe
Self-evaluations
Pilot Projects
Implementation

Development of Practice
- Evaluation of Current Practice
- Testing New Practice
- Status & Dissemination Strategy
- Implementation of New Practice

Competency Development and Knowledge Sharing
- CARe instructors
- Joint Standards
- Executive and Director Seminar
- Break Through Method Counsellors
- Learning Seminars for Pilot Projects (The Break Through Method)
Partnership between Dept. of Social Services and Mental Health Services

Local Psychiatry

The Dept. of Social Services
- Home visitors/support

Mental Health Services
- Mental health treatment
  - hospital and out-patient
Monitoring effectiveness for clients

Quality of Life Experience by Clients (WHO)

- Have you had enough money to meet your needs over the past two weeks?
- Have you had enough energy to accomplish everyday tasks in the past two weeks?
- How satisfied have you been with your relationships with other people in the past two weeks?
- How satisfied have you been with yourself in the past two weeks?
- How satisfied have you been with your skills to carry out daily tasks in the past two weeks?
- How would you rate your quality of life?
- How satisfied are you with your health?
- How satisfied have you been with your housing situation in the past two weeks?
EU 2020 Strategy
A strong focus on:

- Recovery-orientation as a common approach
- Inclusion and employment
- How to involve volunteers
- Research